

### **MATCH ANALYSIS IN ICE HOCKEY** - A PRACTICAL PERSPECTIVE

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### My role in Frölunda Hockey Club.

- One part of the coaching staff together, head coach, assistant coaches and goalie coach.
- Video analysis
- Tactical analysis, pre-scout, video meetings etc.
- Statistical analysis
- Collects, presents and analyzing performance data.



# Frölunda Hockey Club

- Swedish champions: 1965, 2003, 2005 & 2016.
- Winner of Champions Hockey League 2016 & 2017.
- Most NHL draft picks in Europe.





# **VIDEO ANALYSIS**



### Video – what are we looking for?

Purpose: Increase the chance of winning games.

#### **Tactical strategy**

- Positions
- Cooperation between units, defenders, lines and defenders/goalies

#### Individual key behaviors

Behaviors of all players.



### **Key performance indicators**

*"Key performance indicators (KPIs) are customizable business measure utilized to visualize status and trends in an organization"* 

(Sharon et al. 2016)

#### How do we use our KPI?

- Evaluate game performance
- Deeper than results
- Help us to address the video analysis.



### Finding the right KPI

#### Systematically analyzing data

- League data What numbers characterizes successful teams?
- Team data What numbers do we need to be a winning team?
- Research limited.



#### **KPI - Team level**

Even Strength	Offensive target	Defensive target
Shot attemps	60	40
Scoring chances - Totally	24	12
"Zon 1" Scoring chances	12	6

Power play	Target numbers
Shot attemps /minute	2
Scoring chances total/minute	0,8
"Zone 1" scoring chances/minute	0,55

Penalty killing	Target numbers
Shot attempts /minute	1,4
Scoring chances total/minute	0,5
"Zone 1" scoring chances/minute	0,3

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SC involvment /60 min			
Defenders	Offensive	Defensive	Total
2	3,86	4,16	-0,3
3	0,59	7 <mark>,</mark> 03	-6,44
4	3,36	6,72	-3,36
5	3,7	5,7	-2
6	2,36	7,08	-4,72
7	4,49	2,8	1,69
8	5,4	4,83	0,57
9	3,05	7,32	-4,27
Forwards	Offensive	Defensive	Total
10	11,39	3,16	8,23
11	7,8	1,77	6 <b>,</b> 03
12	7,37	1,23	6,14
13	8,17	1,56	6,61
14	9,23	2,64	<mark>6,</mark> 59
15	9,75	2,39	7,36
16	8,4	6,42	1,98
17	4,77	3,34	1,43
18	7,33	5,34	1,99
19	12,98	2,33	10,65
20	11,32	1,62	9,7
21	14,61	2,81	11,8
22	4,09	1,02	3 <b>,</b> 07



### **EVALUATION OF THE GAME** *"FROM DATA TO ACTION"*



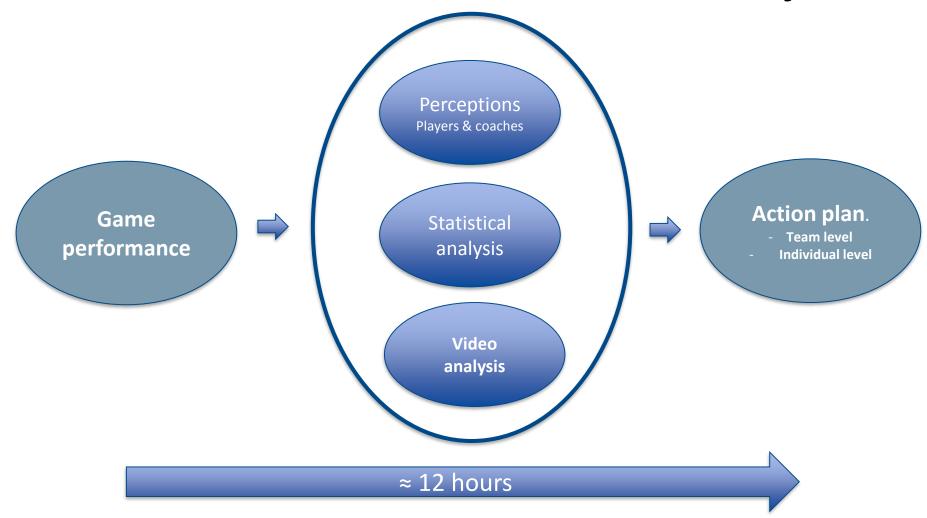
### **Game evaluation**

- Time pressure game every second day.
- "Less is more"
- Decisions based on facts
  – not through personal opinions.





### Game evaluation model - Frölunda Hockey Club





#### KPI - Team level

Even Strength	Offensive target	Defensive target
Shot attemps	64	49
Scoring chances - Totally	16	10
"Zon 1" Scoring chances	12	3

Power play	Target numbers
Shot attemps /minute	2,1
Scoring chances total/minute	1,2
"Zone 1" scoring chances/minute	0,3

Penalty killing	Target numbers
Shot attempts /minute	0,5
Scoring chances total/minute	0,77
"Zone 1" scoring chances/minute	0



## PhD project – Match analysis in ice hockey

#### Purpose

Analyze the nature of ice hockey games to explore what is important to optimize the game performance.

#### Upcoming study

Analyzing patterns and outcomes of "scoring chance situations" to increase the understanding of scoring situations in ice hockey.



# Thank you!

